



March 8th 2024

Neurodivergence; Aspergers; Autism; Aspies

Most of us have heard of one of these names, yet how many of us really know what any of it really is? As a relatively new diagnosis tag; perhaps it's time we looked seriously at this condition and what it means to our social world.

The true technical description is neurodivergence. What this means is that there are some of us in which the wiring of our minds is 'different' than others. Now that's deceptive in that no two people have the same wiring as another. So if we look deeper, we see that it's more than wiring, its actually the framework of how our brains are wired that is different. In an Autistic, the frameworks of logic, interpretation, understanding, thought, and other patterning is the real difference. It is also essential to note that us Aspies fall somewhere on a spectrum; in that the range of Autism spans individuals who are socially 'functional', all the way to those who need social support just to get thru the day.

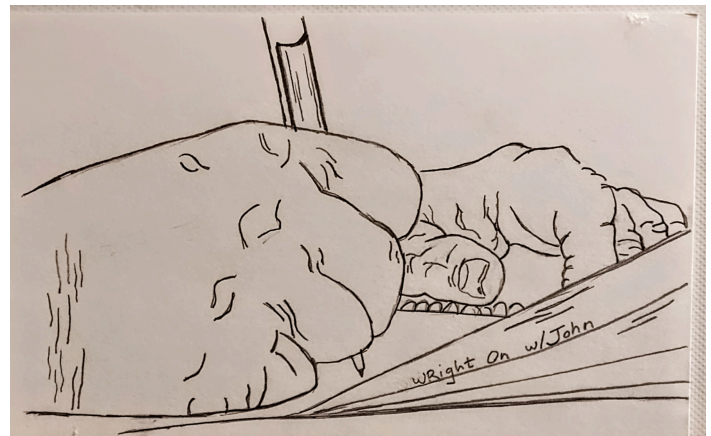
What all this means is that statements and thoughts to a Neurodivergent have completely different meanings to us, than they do to most of society; and vice versa. Our Logic flows in some radically different patterns to most others. Good, bad, who knows, it's all in the context of the situation; the reality is that it's different, and easily misconstrued. And of course different, causes questions and even fears in a lot of others. Some of us {not actually me} {or maybe me too} hold the gift of such incredible divergence, that our understanding of subjects like Nuclear Physics and such, are easily understandable in new ways that have changed the very nature of our existence in the universe.

Another common trait is that we recall factual situations as feelings imparted onto us, rather than 'just the facts mam'. For those of us with memory issues we think feelings, not facts; those feelings imparted by situations, where most fact is gone or distorted; the framework of events is about all that can be recalled coupled with the feelings imparted. Divergent logic pathways, feelings, factual recall, reading dyslexia, and things like seeing obvious solutions to things most others cannot comprehend; are all common traits of neurodivergent thought. This also causes isolation more than not; mostly because turned backs from others becomes an unknown

norm for most of us. We shy away from social confrontation for the most part; as trying to understand social situations and conversation becomes so challenging that our brains can't keep up with the flow. The net end result is were lost trying to figure out what's said, and mostly just give up. Of course when talking with like minded Aspies, well, that's another situation. We get along just fine.

This is a brief but important view into the world of Autism or Neurodivergence. Hope it clears the air a bit.

Jim



Write On Group w/John
Thursday's at 11 am // Join In



Inside Our Great Room
Front Desk & Dining Area



The Front Door of Recovery Cafe
All Welcome



- With A Re-Purpose -
- Timeless Treasures -

Our Thrift Store is Across the Street from the Cafe
All Proceeds to Benefit the Recovery Cafe

Chay Environmental Thrift Store:

- With A Re-Purpose -
- Timeless Treasures -

Opened on Friday February 2nd; with All Profits going to Benefit the Recovery Cafe! We are located at:

202 1/2 N Pacific Ave
Kelso WA 98626
Across the street from the Cafe
111 North Pacific Ave
Kelso WA 98626

Newsletter Editorial Staff:

Jim Barbieri
Connie Kruse
Rose Hoggatt-Nickle



It is an honor to be a part of the healing of Cowlitz County
Chai Rivers Recovery Cafe Staff

Our Hours of Operation:

Mon // Tue 10am to 4pm
Wed 10am to 6pm
Thu // Fri 10am to 4pm

Special Events

AI Graphic arts Class:

Tuesday's @ 2pm
March 12th // 19th // 26th
Bring a phone; Tablet; or Laptop

Fund Raiser Sale:

Saturday March 23rd // 9am to 4pm
Sunday March 24th // 9am to 4pm

Family Fun Night:

Friday march 29th // 2pm to 6pm
Irish Theme
Dinner // Deserts // Prizes
Families, Children, & Yourself // All Welcome!

Rent Well Class & Certification::

(3) Week Course {Signup Required}
Certification for Easing Landlord Acceptance
Upon Successful Completion
Tuesday's 10am to 12 noon
Friday's 2pm to 4pm
April --- 2nd (Tu) 5th (F)
9th (Tu) 12th (F)
16th (Tu) 19th (F)